

ESSEX ROADS



CYCLING CLUB

Open 11.54 mile Sporting Time Trial

Promoted for and on behalf of Cycling Time Trials under their rules and regulations

SPOCO South East Group 1 Counter

to be held on

Wednesday 31st July 2019

Course E18/6b — Start at 7.00 pm

Timekeepers:

Tony Brown and Laura Carter

Awards:

Scratch: 1st – £40; 2nd – £20; 3rd – £10. Lady: 1st - £20, 2nd - £10

Junior: 1st - £20. Fastest Club Team of Three: £10 each.

Event headquarters:

**West Hanningfield Village Hall, Church Road, West Hanningfield,
Chelmsford, Essex CM2 8UJ**

Please park economically in the hall car park, the extension car park will open when main car park full. Under no circumstances park in Church Road. Please respect the village residents. Thank you.

Event secretary: Matt Haigh, 34 Highfields Mead, East Hanningfield, Essex, CM3 8XA Telephone: 07815 052402

COURSE DETAILS E18/6b (revised)

START in layby (M) on old A130, 0.7miles North of Pan Lane, continue south to turn left (M) into Pan Lane (M). Continue to East Hanningfield and through village bearing left at mini roundabout (appears straight on) junction with Bicknacre Road to Howe Green(4.5miles), turn left (M) onto old A130 to complete circuit (5.77miles). Continue as on the first circuit to **FINISH** 50m before the start (11.54miles).

In the interest of your own safety, Cycling Time Trials and the Event Promoters strongly advise you to wear a hard shell safety helmet that meets an internationally accepted safety standard. All juniors and/or riders under the age of 19 years are required to wear a suitably approved helmet.

Cycling Time Trials and the Event Promoters recommend the use of a flashing rear light whilst competing.

LONDON EAST LOCAL REGULATIONS

- 1** Competitors are not allowed to warm up on any part of the designated course once the event has started.
- 2** No 'U' turns are allowed within sight of either the start or finish points. Riders carrying out this dangerous manoeuvre are liable for disqualification from the event and to further disciplinary action by the London East CTT District Committee.
- 3** No parking at either the start or finish points, other than the timekeepers car.
- 4** Body numbers will be available at the event headquarters and may be exchanged for a drink afterwards.

RIDERS BRIEFING NOTICE

Riders should take care crossing old A130 at start. Riders waiting to start should stand fully in layby adjacent to the start and off the main road. Riders that have finished should proceed straight on to the event headquarters, being aware of competitors that are still racing, especially at the right turn into Church Road on return to HQ.

Bib	Start Time	First Name	Last Name	Club	Gender	Category
1	19:01:00	Matt	Haigh	Essex Roads CC	Male	Veteran
2	19:02:00	David	Carey	Southend Wheelers	Male	Veteran
3	19:03:00	Colin	White	Colchester Rovers CC	Male	Veteran
4	19:04:00	Caroline	Wyke	CC Sudbury	Female	Veteran
5	19:05:00	Christopher	Smith	Eat Plants Not Pigs CC	Male	Senior
6	19:06:00	Antonio	Paolino	Essex Roads CC	Male	Veteran
7	19:07:00	John	Loxley	Colchester Rovers CC	Male	Veteran
8	19:08:00	Robin	Johnson	Brighton Mitre CC	Male	Veteran
9	19:09:00	Gill	Carter	Essex Roads CC	Female	Veteran
10	19:10:00	Graeme	Garner	Essex Roads CC	Male	Veteran
11	19:11:00	Colin	Doe	Ford CC	Male	Veteran
12	19:12:00	David	Fenn	CC Sudbury	Male	Veteran
13	19:13:00	Dan	Carter	Essex Roads CC	Male	Veteran
14	19:14:00	Stuart	Payne	Ford CC	Male	Veteran
15	19:15:00	Russell	Hampton	MG Cycling Team	Male	Senior
16	19:16:00	James	Bromley	Becontree Wheelers CC	Male	Veteran
17	19:17:00	Matt	Holden	Hornchurch CC	Male	Veteran
18	19:18:00	Louise	Robinson	Essex Roads CC	Female	Veteran
19	19:19:00	Paul	Ruffy	Eat Plants Not Pigs CC	Male	Veteran
20	19:20:00	Terry	Garlinge	Easterley Road Club	Male	Veteran
21	19:21:00	Julia	Freeman	Easterley Road Club	Female	Veteran
22	19:22:00	Dan	Lord	Lee Valley Youth CC	Male	Junior
23	19:23:00	Gregory	Smith	Finsbury Park CC	Male	Veteran
24	19:24:00	Dan	Foster	3T-RACING	Male	Veteran
25	19:25:00	Ian	Damant	Becontree Wheelers CC	Male	Veteran
26	19:26:00	Mathew	Lord	Lee Valley Youth CC	Male	Juvenile
27	19:27:00	Matthew	Saunders	Team Vision Racing - Silverhook	Male	Veteran
28	19:28:00	Joshua	Granger	Athlon CC	Male	Senior
29	19:29:00	Chris	Bodell	Welwyn Whs	Male	Veteran
30	19:30:00	Gavin	Lewis	Velo Schils Interbike RT	Male	Senior
31	19:31:00	Jim	Reed	Colchester Rovers CC	Male	Veteran
32	19:32:00	Neal	Marrin	Finsbury Park CC	Male	Veteran
33	19:33:00	Richard	Parrotte	Shaftesbury CC	Male	Veteran
34	19:34:00	Paul	Turton	Hornchurch CC	Male	Veteran
35	19:35:00	Colin	Ward	Essex Roads CC	Male	Veteran
36	19:36:00	John	Bradbury	CC Sudbury	Male	Veteran
37	19:37:00					
38	19:38:00	Martin	Meades	Ciclos Uno	Male	Vet 2-Up
39	19:38:00	Barry	Neal	Ciclos Uno	Male	Vet 2-Up